URL: <http://www.pachealthholdings.com/csc/>

In keeping with the high quality of services offered and delivered by Dr Huang, The Cosmetic Surgery Clinic is a five star, bespoke facility that was custom designed to meet the specific needs of Dr Huang’s busy cosmetic surgery practice. Its configuration and layout maximize patient convenience, comfort and most importantly, privacy. There is a separate entrance and exit, as well as separate reception and cashier areas. This ensures a smooth flow of patients, efficient in- and out-processing, and minimizes the chances of patients “bumping” into one another. There are multiple discrete (and discreet) waiting areas and rooms, as opposed to the more conventional clinic layout of a single large common waiting room, to further enhance patient privacy.The interior design features clean, architectural lines, finely finished surface textures, subtle and innovative lighting, and a color theme of silver and bronze that together create a strong impression of precision engineering combined with an understated elegance. The carefully selected furniture pieces add a finishing touch of luxury to complete the ambience of a modern, well appointed, and stylish medical clinic that does not seem like a clinic at all.

**Methods and philosophy**

Dr Huang employs the most advanced and sophisticated techniques in cosmetic surgery of the face, breast, and body, that, in his hands allow him to achieve the best possible aesthetic outcomes for his patients, while minimizing downtime and the risk of complications.

In addition, a substantial part of his practice is devoted to non-surgical, non-invasive treatments for facial and body enhancement and rejuvenation. Again, only the most effective medical products and technologies are employed, and they are delivered in a manner that is characterized by skillful technical execution combined with sound aesthetic judgment. It is this combination of technical expertise and fine judgment that results in high quality and natural looking results.

Whether it is relation to cosmetic surgery or non-invasive cosmetic treatments, Dr Huang is committed to always providing the best possible result for his patients. A perfectionist by nature, his working style is characterized by fine and meticulous surgical technique, attention to detail with an emphasis on engineering precision, and patience, all the while guided by a strong aesthetic sense of what looks pleasing as well as natural. His obsession with getting the perfect result each time means that he takes as much time as is required to complete each surgery or procedure.

Dr Huang is ably supported by a dedicated team of trained and experienced nursing professionals, who provide friendly, warm and expert nursing care to our patients.

**Doctor credentials:**

Martin H. S. Huang is a 47 year old consultant plastic surgeon in private practice in Singapore. He is Director of The Cosmetic Surgery Clinic, MD Specialist Healthcare, The Specialist Surgery and Laser Centre, and Pacific Healthcare Holdings, Singapore. His training in Plastic Surgery was completed in 1994 at the Department of Plastic Surgery at the Singapore General Hospital. He underwent subspecialty training in the United States from 1994 to 1996 at the Children’s Hospital and Medical Center and the University of Washington in Seattle, and Scottish Rite Children’s Medical Center in Atlanta, where he focused on pediatric plastic surgery, cleft lip and palate surgery, craniomaxillofacial surgery, and endoscopic plastic surgery.

He is past Vice President of the Cleft Lip and Palate Association of Singapore, past Secretary of the Singapore Association of Plastic Surgeons and the Singapore Society of Cosmetic Surgeons, and a member of the American Cleft Palate-Craniofacial Association.

He has given 60 oral presentations and lectures at local, regional and international meetings and conferences, and has 23 publications in international journals on plastic surgery, including numerous first author publications in international peer reviewed plastic surgery journals, such as the Cleft Palate-Craniofacial Journal, and Plastic and Reconstructive Surgery.

He has also given over 70 media interviews and over 40 educational public presentations on cosmetic surgery. Additionally, he serves as a manuscript peer reviewer for the Cleft Palate-Craniofacial Journal, and Plastic and Reconstructive Surgery.

He has won numerous local and international academic awards during his career, the most prestigious of which was the American Society of Maxillofacial Surgery Award for most outstanding paper published in the journal Plastic and Reconstructive Surgery in 1996 for the article The differential diagnosis of posterior plagiocephaly: true lambdoid synostosis versus positional molding.

Dr Huang’s clinical interests are cosmetic surgery of the face, jaws, breast and body. In Singapore, he has been instrumental in developing minimally invasive cosmetic surgery of the face and breast using endoscopic techniques. He has also pioneered fat redistribution techniques in lower eyelid rejuvenation, and was the first to develop ultrasound assisted liposuction as well as non-surgical techniques of body contouring, such as Injection Lipolysis. Additionally, he has spearheaded the current trend of non-invasive facial rejuvenation using such technologies as Intense Pulsed Light, the CoolTouch laser, Fotofacial-RF (Aurora), the Polaris, Thermage, BOTOX®, MesoBotox, injectable fillers, the Aptos facelift, the Featherlift, and the Woffles Lift. In the arena of reconstructive surgery, he has a special interest in the surgical treatment of birth defects of the head and face, such as craniofacial deformities, cleft lip and palate, the speech problems associated with cleft palate, and craniomaxillofacial trauma.

As a renowned and respected industry and opinion leader in the influential and cosmopolitan market of Singapore, Dr Huang runs one of the largest and most sought after cosmetic surgery practices in the region. His patient population comprises Singaporeans, expatriates living in both Singapore and in surrounding South East Asian countries, and Indonesians. They form an even mix of Asian and Caucasian patients from a wide variety of backgrounds ranging from celebrities in the entertainment industry, socialites, company board directors, and high level executives to middle management executives, working women and men, homemakers and teenage students.

As one of Asia’s leading plastic surgeons, Dr Huang’s celebrity status in his field is reflected in regular appearances in magazine articles and television programs. He was recently profiled in the Singapore Tatler magazine and interviewed on Channel News Asia’s prime time morning show.

He has also recently completed the manuscript of a consumer book on cosmetic surgery entitled “Make Me Beautiful: An expert guide to making the right choices in cosmetic surgery”, which is scheduled for publication in the near future.

**LATEST SERVICES/ PRODUCTS AVAILABLE**

**Macrolane** is a new technique of non surgical breast augmentation is now available using an injectable soft tissue filler called Macrolane. This filler was developed by the Swedish medical product company Q-Med, the manufacturer of the well known filler Restylane, which has already been used in facial rejuvenation for more than a decade. Macrolane has been designed specifically for use in the female breast. [Read More](http://www.pachealthholdings.com/csc/pdf/macrolane_8_May_08.pdf).

**Matrix IR** is new and effective non-invasive skin rejuvenation treatment for static wrinkles, enlarged pores, and acne scars. It delivers two kinds of energy into the skin: radio frequency (RF) energy and energy from a non-invasive laser. This combination of energies penetrates deeply into the skin, and elicits a powerful stimulation of collagen production from the skin's collagen producing cells. [Read More](http://www.pachealthholdings.com/csc/pdf/matrixir.pdf).

**Laser vaginal rejuvenation** (LVR) is a one to one and half hour outpatient surgical procedure that treats vaginal relaxation, a common condition caused by aging and childbirth.

**Designer laser vaginoplasty** (DLV) is a group of cosmetic laser procedures which repair, enhance, and beautify the genital structures. Common DLV procedures include Laser Reduction Labioplasty, Laser Perineoplasty and Laser Hymenoplasty. These procedures can be performed alone or in combination with LVR.

**Mandibular reduction** is a one and half to two and half hour outpatient surgical procedure to reduce the width of the lower half of the face. This is done using an intraoral incision (inside the mouth), using special instruments to rasp, contour and smoothen the angle. A small plastic tube will be placed on each side for a day or two to drain all the unwanted fluids thus reducing swelling.

**Zygomatic / malar reduction** is a one to two hour outpatient surgical procedure to reduce the prominence/ width of the upper half of the face. This is done through an intraoral incision using special instruments to saw and weaken the bone and then reduce it by applying external pressure.

**MicroLaserPeel** is an intra-epidermal laser peel that precisely ablates the outermost layers of the skin. The procedure is individually tailored to the nature of the condition to be corrected. Skin conditions such as: wrinkles, scars, acne scars, keratoses, or pigmentary problems have been successfully treated with a MicroLaserPeel.

**Refirme skin tightening** is a combination of electro-optical synergy & infrared energies helps to improve skin laxity on the face, neck, undereye creases, eyebags, abdomen and breasts, creating an overall tightening and lifting effect on the skin. It is a virtually painless and fast treatment for skin tightening.

**VASER assisted high definition liposculpture** is a state of the art technique for sculpting the male and female torso to create a well-toned and atheletic appearance including a six-pack in male and tube-pack in female.

**Obagi ELASTIderm** is a revolutionary skin cream that helps your skin replenish both elastin and collagen. Elastin ia a protein in your skin that holds it firmly in place. In fact, it is the loss of elastin that is directly related to the formation of wrinkles. Many anti-aging products claim to build collagen, but without restoring elastin, your face will lack the support it needs for firm, youthful-looking skin.

**Services:**

**COSMETIC SURGERY**

* [UPPER EYELID SURGERY (UPPER BLEPHAROPLASTY)](http://www.pachealthholdings.com/csc/services.html#upper)
* [LOWER EYELID SURGERY (LOWER BLEPHAROPLASTY)](http://www.pachealthholdings.com/csc/services.html#lower)
* [COSMETIC SURGERY OF THE EARS](http://www.pachealthholdings.com/csc/services.html#ears)
* [COSMETIC SURGERY OF THE NOSE (RHINOPLASTY)](http://www.pachealthholdings.com/csc/services.html#nose)
* [FACELIFT SURGERY](http://www.pachealthholdings.com/csc/services.html#facelift)
* [FACIAL CONTOURING SURGERY](http://www.pachealthholdings.com/csc/services.html#contouring)
* [FACIAL FEMINISATION SURGERY](http://www.pachealthholdings.com/csc/services.html#facial_feminisation)
* [BREAST SURGERY](http://www.pachealthholdings.com/csc/services.html#breast)
* [VASER LIPOSELECTION](http://www.pachealthholdings.com/csc/services.html#vaser)
* [VASER ASSISTED HIGH DEFINITION LIPOSCULPTURE](http://www.pachealthholdings.com/csc/services.html#liposculpture)
* [MISCELLANEOUS](http://www.pachealthholdings.com/csc/services.html#miscellaneous)
* [EXCISION OF SKIN LESIONS / CYSTS / LIPOMAS / SCAR REVISION](http://www.pachealthholdings.com/csc/services.html#skin)
* [AESTHETIC SURGERY OF THE FEMALE GENITALS](http://www.pachealthholdings.com/csc/services.html#female_genital)
* [RECONSTRUCTIVE SURGERY](http://www.pachealthholdings.com/csc/services.html#reconstructive)

**NON-SURGICAL COSMETIC PROCEDURES**

* [BOTOX®, MESOBOTOX, FILLERS & LIPOSTABIL](http://www.pachealthholdings.com/csc/services.html#botox)
* [MICRODERMABRASION & ELECTROPORATION](http://www.pachealthholdings.com/csc/services.html#micro)
* [AURORA/POLARIS/PROCEDURES (UTILIZNG INTENSE PULSED LIGHT (IPL) & RADIO FREQUENCY (RF) ENERGY)](http://www.pachealthholdings.com/csc/services.html#polaris)
* [REFIRME SKIN TIGHTENING](http://www.pachealthholdings.com/csc/services.html#refirme)
* [THERMAGE PROCEDURES (UTILIZNG RADIO FREQUENCY (RF) ENERGY)](http://www.pachealthholdings.com/csc/services.html#thermage)
* [MICROLASERPEEL](http://www.pachealthholdings.com/csc/services.html#microlaserpeel)
* [CHEMICAL PEELS](http://www.pachealthholdings.com/csc/services.html#peels)
* [HAIR REMOVAL BY AURORA/ PHOTO PNEUMATIC / E-LASER](http://www.pachealthholdings.com/csc/services.html#aurora)
* [LASER PROCEDURES](http://www.pachealthholdings.com/csc/services.html#laser)
* [INJECTION LIPOLYSIS](http://www.pachealthholdings.com/csc/services.html#lipolysis)

**SKIN CARE PRODUCTS**

OBAGI NUDERM

* FOAMING GEL
* GENTLE CLEANSER
* TONER
* CLEAR
* EXFODERM
* EXFODERM FORTE
* BLENDER
* TOLEREEN
* ACTION
* HEALTHY SKIN PROTECTION SPF35
* PHYSICAL UV BLOCK SPF32
* SUNFADER SPF15
* EYECREAM

OBAGI C-RX

* C-CLEANSING GEL
* C-CLARIFYING SERUM
* C-EXFOLIATING DAY LOTION
* C-THERAPY NIGHT CREAM
* C-SUNGUARD SPF 30

OBAGI CLENZIDERM M.D.

OBAGI SUPPLEMENTARY PRODUCTS

* TE-PADS
* ELASTIDERM
* PROFESSIONAL C-SERUM 5% (FOR EYELIDS)
* PROFESSIONAL C-SERUM 10%
* PROFESSIONAL C-SERUM 15%
* PROFESSIONAL C-SERUM 20%

UPPER EYELID SURGERY (UPPER BLEPHAROPLASTY)  
  
PROCEDURE (local anesthesia)

1. Suture upper blepharoplasty: creation of double eyelids using stitch technique, 1 hour
2. Removal of excess skin and fat for puffy and sagging upper eyelids, 2 hours
3. Ptosis repair & open upper blepharoplasty: correction of droopy eyelids, 3 hours

Recovery time: several days to 2 weeks

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LOWER EYELID SURGERY (LOWER BLEPHAROPLASTY)

PROCEDURE (local anesthesia)

1. Fat removal, 2 hours
2. Fat redistribution, 3 hours

Recovery time: 1 to 2 weeks

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COSMETIC SURGERY OF THE EARS

PROCEDURE (local anesthesia or intravenous sedation)

1. Otoplasty (correction of prominent ears)

Recovery time: 2 to 3 weeks

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COSMETIC SURGERY OF THE NOSE (RHINOPLASTY)

PROCEDURE (local or intravenous anesthesia)

1. Closed rhinoplasty with nasal implant 1.5 to 2 hours
2. Open rhinoplasty with nasal implant, 3 to 5 hours
3. Open rhinoplasty with cartilage grafts, 4 to 6 hours

Recovery time: 1 to 2 weeks

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FACELIFT SURGERY

PROCEDURE (local & intravenous anesthesia)

1. Endoscopic browlift (lifting of sagging eyebrows through small incisions within the hairline), 2 to 3 hours
2. Endoscopic midface lift (lifting of sagging cheeks below the eyes through small incisions within the hairline) + Fat redistribution lower eyelids, 5 to 6 hours
3. Lower face and neck lift (lifting of jowls and sagging neckline), 5 to 6 hours
4. Aptos Lift/Featherlift for   
   • brow (4 threads)  
   • face (6 threads)
5. Woffles Lift for   
   • brow (4 to 6 threads)  
   • face (6 to 8 threads)  
   • neck (4 to 6 threads)

Recovery time: 1 to 2 weeks for endo browlift, 2 to 4 weeks for endo midface and lower face/neck left, 1 week for Featherlift, 2 days for Woffles Lift.

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FACIAL CONTOURING SURGERY

JAW SURGERY (local or intravenous anesthesia)

1. Augmentation Genioplasty (correction of chin deformity using chin implant, day surgery), 1.5 hours
2. Osseous Genioplasty (correction of chin deformities by repositioning chin bone, day surgery), 2 to 3 hours
3. Correction of deformities of the upper and lower jaws (several days in hospital), 4 to 8 hours
4. Mandibular Reduction (reduction of lower facial width, day surgery), 1.5 to 2.5 hours

Recovery time: 1 to 2 weeks

**CHEEKBONE SURGERY**

1. Malar Augmentation (cheekbone enhancement, day surgery), 2 to 3 hours
2. Malar/ Zygomatic Reduction (reduction of upper facial width, day surgery), 1 to 2 hours
3. Perialar Augmentation, 1 hour

Recovery time: 1 week

**FACIAL FEMINISATION SURGERY**

1. Frontal Sinus Reduction and Brow Contouring in male to female transexuals, 4 to 6 hours

Recovery time: 1 to 2 weeks

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BREAST SURGERY

PROCEDURE

1. Breast Augmentation (intravenous anesthesia, day surgery), 2 hours  
   [For more information about Breast Augmentation, please click here.](http://www.pachealthholdings.com/csc/pdf/Breast_Augmentation.pdf)
2. Nipple plasty (local anesthesia, day surgery), 1 hour
3. Breast Reduction (VL +/- surgical reduction, general anesthesia, day surgery), 3 to 4 hours
4. Gynecomastia Reduction by VL +/- excision (intravenous anesthesia, day surgery), 2 to 3 hours

Recovery time: 1 to 2 weeks

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BODY CONTOURING SURGERY

PROCEDURE

1. VASER Liposelection (general anesthesia, day surgery)

• Abdomen, 1 to 2 hours  
• Love handles, 1 to 1.5hours  
• Entire (circumferential) Trunk (abdomen, waist, hips and lower back), 3 to 5 hours  
• Saddle bags, 1 to 2 hours  
• Inner thighs, 1 to 2 hours  
• Entire (circumferential) Thighs, 4 to 6 hours   
• Calves, 3 to 4 hours   
• Buttocks, 1 hour   
• Arms, 2 hours   
• Face, 1 to 1.5 hours

1. VASER Assisted High Definition Liposculpture (general anaesthesia, day surgery)
2. Abdominal lipectomy (removal of skin only, general anaesthesia, day surgery), 2 hours
3. Full abdominoplasty (removal of skin and tightening of muscle, general anaesthesia, 4 days in hospital), 4 hours
4. Buttock lift (general anaesthesia, day surgery), 4 to 5 hours
5. Buttock augmentation (general anaesthesia, day surgery), 3 to 5 hours

Recovery time: 1 to 2 weeks

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**VASER ASSISTED HIGH DEFINITION LIPOSCULPTURE**

A state of the art technique for sculpting the male and female torso to create a well-toned and atheletic appearance including a six-pack in male and tube-pack in female.

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MISCELLANEOUS

PROCEDURE (local anesthesia or intravenous sedation)

1. Repair of torn earlobes, 1 hour
2. Creation of cheek dimples, 1 hour
3. Autologous fat injections, 1 to 3 hours

Recovery time: less than 1 week

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EXCISION OF SKIN LESIONS / CYSTS / LIPOMAS / SCAR REVISION

PROCEDURE (local anesthesia)

1. Excision biopsy of nevi & other benign skin lesions
2. Excision biopsy of malignant skin lesions & local flap reconstruction
3. Excision biopsy of sebaceous cysts/ lipomas
4. Scar revision

Recovery time: 1 to 2 days

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**AESTHETIC SURGERY OF THE FEMALE GENITALS**

**PROCEDURE** (intravenous anaesthesia)

1. Reduction Labiaplasty, and Clitoral Circumcision, 1 to 2 hours
2. Laser vaginal rejuvenation (general anaesthesia, day surgery), 1 to 1.5 hours
3. Designer laser vaginoplasty (general anaesthesia, day surgery), 1 to 3 hours

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BOTOX®, MESOBOTOX, FILLERS & LIPOSTABIL

BOTOX®

1. BOTOX® frown lines
2. BOTOX® smile lines
3. BOTOX® forehead lines
4. BOTOX® brow lift
5. BOTOX® nasal scrunch/bunny lines
6. BOTOX® laugh lines
7. BOTOX® jaw muscles
8. BOTOX® neck platysmal bands
9. BOTOX® neck horizontal lines
10. BOTOX® for excessive sweating & body odor

Recovery time: Immediate

MESOBOTOX

1. Lower eyelid wrinkles and refinement of cheek pores
2. Jawline contouring
3. Facelift

Recovery time: 1 to 2 days

INJECTABLE FILLERS

1. Hyaluronic acid
2. Aquamid
3. Macrolane

Recovery time: 1 week for Macrolane, 1 to 2 days for others

LIPOSTABIL/LIPODISSOLVE INJECTIONS FOR EYEBAG REDUCTION

Recovery time: 1 to 2 days

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INJECTION LIPOLYSIS

PROCEDURE

1. Arms
2. Abdomen
3. Hips
4. Back
5. Lateral thigh (saddle bags)
6. Medial thigh
7. Anterior thigh
8. Posterior thigh/buttock
9. Knee area
10. Calves
11. Face

For even better results, Injection Lipolysis is combined with a series of 6 Liposonic Plus treatments.

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MICRODERMABRASION & ELECTROPORATION

Recovery time: zero

CHEMICAL PEELS

Recovery time: 1 day

LASER / AURORA / POLARIS PROCEDURES

PROCEDURE (local anesthesia or topical anethesia)

1. Laser removal of eyebrow tattoos (1 to 2 sessions required)
2. Laser removal of eyeliner tattoo (2 to 3 sessions required)
3. Laser removal of decorative body tattoos (several sessions required)
4. Laser removal of moles and other skin growths

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AURORA/POLARIS/PROCEDURES (UTILIZNG INTENSE PULSED LIGHT (IPL) & RADIO FREQUENCY (RF) ENERGY)

PROCEDURE (Topical anethesia)

1. Aurora/Polaris treatment of the face for wrinkles, pigmentation, telangiectasia, large pores, & post-acne scarring
2. Aurora/Polaris of the face & neck
3. Aurora/Polaris of the neck
4. Aurora/Polaris hands
5. Aurora/Polaris hands & forearms
6. Aurora/Polaris hands, forearms & arms
7. Polaris treatment for spider veins

AURORA HAIR REMOVAL

PROCEDURE (8 treatments at monthly interval)

1. Upper lip
2. Upper/lower lip & chin
3. Lower half of face
4. Underarms
5. Forearms
6. Arms
7. Bikini line
8. Thighs
9. Legs

Additional treatments may be required.

Recovery time: Immediate

THERMAGE PROCEDURES (UTILIZNG RADIO FREQUENCY (RF) ENERGY)

PROCEDURE (Topical anethesia)

1. Brow
2. Face
3. Neck
4. Upper eyelids
5. Lower eyelids
6. Abdomen
7. Breasts
8. Buttocks
9. Arms

**MICROLASERPEEL**

**PROCEDURE** (Topical anaesthesia)

1. Brow
2. Face
3. Neck
4. Upper eyelids
5. Lower eyelids
6. Hands

**REFIRME SKIN TIGHTENING**

**PROCEDURE** (Topical anaesthesia)

1. Brow
2. Face
3. Lower eyelids
4. Breasts
5. Abdomen

RECONSTRUCTIVE SURGERY

1. Cleft Lip and Palate: primary and secondary management including associated speech problems
2. Craniomaxillofacial Disorders: congenital and acquired

**Contact us:**

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